



Charlie Cruickshank – Case Manager

Personal Profile

Case Manager at LOD Care and Case Management Ltd.

I am an occupational therapist, specialising in children's therapy. I hold a master's degree in Paediatric Neuro-Rehabilitation. I have worked in a range of settings, including private clinic, NHS, client's homes and specialist and mainstream schools.

Experience:

- Cerebral palsy
- Profound and multiple disability
- Emotional and behavioural needs
- Moving and Handling
- Equipment provision
- Posture management
- Sensory integration
- Home education
- Conductive education
- Eye-gaze
- Communication books including PODD

Education and Memberships:

- MSc Paediatric Neurorehabilitation at Oxford Brookes University
- Occupational Therapy BSc (Hons) at Oxford Brookes University
- Registered with the Health Care Professionals Council (HCPC)
- Registered with the Royal College of Occupational Therapists (RCOT)
- Registered with the RCOT Specialist Section: Children, Young People and Families (CYPF)

Accredited Courses and training:

- Ayre's Sensory Integration Training Level 1
- Key Trainer in Moving and Handling for Children
- Home Adaption
- Lego Therapy
- Clinical Governance
- Safeguarding Children and Adults
- Life Saving Skills for Adults and Children

- Risk/Incident Reporting, Infection Control, Health and Safety, and Fire Safety

Background:

I worked as a support worker for seven years, with the learning disability charity, MENCAP. This involved supporting adolescents and adults with profound and complex disabilities in their own homes. I gained a wealth of knowledge on the importance of individual care plans, using a wide range of moving and handling equipment, and accessing community activities. My work with MENCAP inspired me to undertake a degree in Occupational Therapy

Once qualified, I undertook a part time master's degree in Paediatric Neurorehabilitation alongside working as an occupational therapist. I specialized in home education programmes. I worked closely with families, giving me an understanding the unique and diverse dynamics of family life. I coordinated therapy and developed strong links with other professionals, disseminating information to families and support team. I trained support staff in moving and handling techniques and to undertake therapy plans. I am familiar with conductive education and worked as a consultant for a company specialising in this area.

Following the completion of my master's degree, I moved to London to gain a wealth of experience in a private clinic, working in specialist and mainstream schools, clinic and client homes. I undertook thorough assessment, provided therapy plans with clear goal setting, regular therapy sessions and termly reviews. I set up OT service in schools, providing training and support for staff members.

To progress my career in leadership skills, I moved to a senior therapist role within the NHS , where I had a combined role of managerial tasks, alongside managing a complex caseload. I was the lead therapist for the school aged children and developed care pathways to support the service. I created and ran several therapy groups: motor skills, sensory clinic and handwriting skills, ensuring fun activities were paramount. I provided training and education for parents and am proficient in explaining complex issues to families. I expanded my knowledge in the application process for Education Health Care Plan's, undertaking detailed assessments and provided written reports in a timely manner, to comply with the local authority.

I enjoy working closely families, building the therapeutic relationship in order to establish the best outcomes, utilising a person-centered approach. I draw on my clinical knowledge to assess and recommend a full range of therapy, equipment and adaptations that the family require to regain and maintain independence. The families I work with are appreciative of my practical and creative approach to developing 24-hour support.